

# SIMON EKAS CATERING

## HOME DELIVERED MEALS SAMPLE MENU

### Ready to Go Cryovac Meals

two generous serves \$25 plus gst

four generous serves \$50 plus gst

(If frozen, defrost and heat in slowly boiling water for 10 minutes)

Beef brisket ragu (GF)

slow cooked beef brisket with tomato, sautéed vegetables, herbs and red wine  
(serve with pasta, polenta or gnocchi)

Coq au vin (GF)

a French inspired dish of chicken braised with wine, lardons, mushrooms, and garlic  
(serve with creamy mash potato, rice or cauliflower rice)

Beef bourguignon

braised beef stew with red wine and beef stock, flavoured with carrots, onions, garlic,  
and a bouquet garni, garnished with pearl onions, mushrooms, and bacon  
(serve with creamy mash potato, rice or cauliflower rice)

Green chicken curry (GF) (mild)

Thai curry based on coconut milk and fresh green chillies  
(serve with rice or cauliflower rice)

Pumpkin and red lentil curry with cashews and coriander (GF/veg)  
(serve with rice or cauliflower rice)

### Family Favourites

two generous serves \$25 plus gst

four generous serves \$50 plus gs

Chicken and leek pie

braised chicken thigh, sautéed leeks in a creamy sauce with buttery puff pastry  
(serve with creamy mash potato or green salad)

Classic Italian Meatballs (GF)

beef meatballs braised in a roast tomato sauce, sautéed vegetables, parsley and red wine  
(serve with pasta, polenta or gnocchi)

Beef lasagne

layers of rich braised beef, creamy parmesan, white sauce and mozzarella  
(serve with green salad)

Pumpkin and zucchini quiche (veg)

(serve with green salad)

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## PLACING YOUR ORDER

email orders to [simon@simonekascatering.com.au](mailto:simon@simonekascatering.com.au)  
with the below information

Name

Contact number

Delivery address

Preferred delivery day

Preferred delivery time window (allow 2 hours)

Credit Card Details (1.29% surcharge visa master card and 1.8% amex)

Our drivers will adhere to strict protocol when delivering food to ensure the safety of both our employees and clients. However if you could please advise if we need to take any extra precautions it would be most appreciated.

Preferred delivery day: Monday / Wednesday or Friday

When placing your order please advise if you are practising social distancing vs self isolation due to contact with someone diagnosed with or suspected of having coronavirus or have travelled internationally in the last 14 days.